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Contact: Jean Gennaro
Absolute Resource Associates
(207) 752-2570
jeang@absoluteresourceassociates.com

Local Business Owner Warns Public about Mold Spring Rain Makes Conditions Ripe for Mold Growth

PORTSMOUTH, NH, April 4, 2011- The “winter that would not go away” is finally making its departure, but as the snow and ice dams melt and the Spring rain pours down this week, Nationally recognized mold expert, [published author](#), and local business owner Guy Sylvester wants the public to be aware of a monster that invades homes every spring: MOLD. The warmer temperatures and increased moisture of the Spring Thaw are known to cause mold and fungus growth throughout our indoor spaces, causing property damage, unpleasant odors, and widespread illness.

Sylvester, owner of environmental firm [Absolute Resource Associates](#), says if not addressed properly, indoor moisture issues can very easily lead to toxic mold growth. So many New Englanders experienced ice dams this winter, and Sylvester is concerned that many are not even aware of the moisture and mold that could be hidden within their wall cavities. Often times people do not know they have a mold problem until they start to experience health problems associated with mold exposure, such as allergy and respiratory issues, eye and skin irritation, and more. What to do if you cannot see the mold, but suspect it is there? “Follow your nose,” Sylvester advises, since most people are familiar with the musty odor associates with mold growth. If you can smell it, it is there.

“Mold is not only dirty, smelly and unpleasant to look at, but many people don’t realize that it can have very serious effects on our health, especially in young children and people who are immuno-compromised, such as asthmatics,” warns Sylvester. Sylvester is committed to raising awareness and helping the public breathe easier, not only through his business, but also through his recently published book for homeowners, entitled *Mold: Myth or Monster?*. Sylvester is also on the Board of the NH American Lung Association, co-founder and co-chair of the NH Mold Task Force, and is working with NH lawmakers to get mold legislation on the books which would protect residents affected by mold.

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If you would like more information, or would like to schedule an interview, please contact:

Jean Gennaro
Director of Marketing
Absolute Resource Associates
124 Heritage Ave, #10
Portsmouth, NH 03801
(603) 436-2001
(207) 752-2570
jeang@absoluteresourceassociates.com
www.absoluteresourceassociates.com