

Why Do I Have Mold?

Mold needs **moisture** in order to grow.

Ask yourself, "Where is the **moisture** coming from?"



The most common causes of indoor mold:

Flooding

Roof Leaks

Leaking Pipes

Condensation

Improper Ventilation

Damp Basement

Humid Attic

Protect Your Home & Health

Left untreated, indoor mold can cause damage to your home and belongings, as well as a variety of health issues, including:

- Nasal & Sinus Congestion
- Coughing & Wheezing
- Skin & Eye Irritation
- Asthma Exacerbation
- Upper Respiratory Infections

How Do I Get Rid of It?

 **Find and fix all moisture problems asap.**

Look for things like water stains, condensation, leaks, visible mold growth, and musty odors. The first step is to locate the moisture source and then *eliminate* it.

 **Remove all wet and/or moldy items from the area.**

This includes furniture, carpet, ceiling tiles and sheetrock.

 **Remove all visible moisture.**

Use mops, towels, sump pumps, siphon hoses, dehumidifiers, fans, etc. You must remove all moisture and dry out the space so that your indoor humidity level is less than 60 percent.

 **Clean and *thoroughly dry* all items before bringing them back into the area.**

Use a mild detergent and warm water to clean non-absorbent items.

 **Moldy items that cannot be completely cleaned and dried out should be thrown away.**

If mold and/or moisture are re-introduced into the area, the mold problem will return.

When to Call for Help?

If you have followed all of the tips listed here, and you still have a mold problem, it may be time to call a **Certified Indoor Air Quality Professional**. ARA can help, call today.



ON STAFF:

Certified Microbial Investigator
Certified Microbial Consultant
Certified Indoor Environmentalist
Indoor Environmental Consultant
Environmental Thermography Consultant
ACAC Board Certifications



For a listing of certified mold professionals in your area, and for further info:

www.acac.org
www.abih.org
www.aiha.org
www.iicrc.org