

The Resource Rambler

Newsletter from your friends at Absolute Resource Associates



DECEMBER 2019

Keeping up with PFAS

Well, it seems that the PFAS fuss won't be stopping any time soon. The news headlines and social media banter about these contaminants have been increasing steadily for the past few years, but with the nationwide [release of Dark Waters](#), a movie based on the true story behind the 2017 [DuPont C8/PFOA lawsuit](#), PFAS is about to become a household term.

There is widespread disagreement about reasonable detection levels for PFAS nationwide. Industries and water system operators are wondering what action limits to follow and where their funding will come from, as experts scramble to learn as much as they can about the effect of PFAS on human health.

The PFAS issue spans the globe, but here in New Hampshire, lawsuits (and countersuits) have been filed, communities are mobilizing, and maximum contaminant levels (MCLs) have been lowered. Within the past week alone, the Department of Defense ([DoD](#)) [stated that it will follow EPA's PFAS standards at Pease \(not the lower limits set by NHDES\)](#), and NHDES sent a letter to public water systems stating that due to [a recent injunction](#), affected PWS are NOT required to comply with the new PFAS sampling requirements in Q4. PFAS is certainly a moving target, and it's no wonder that our clients have lots of questions!

Some local news stories include:

- [NH Sues Makers of PFAS](#)
- [NH Approves Unprecedented PFAS Limits](#)
- [NH Judge Blocks PFAS Regulations](#)
- [CDC Seeks People for Pease PFAS Health Study](#)

NHDES has set up a [PFAS-specific webpage](#) for updates & email alerts related to PFAS in NH. In the meantime, you can rest assured that here at ARA, we are staying on top of the latest scientific information, methods, limits, news and changes, so that you can focus on your projects knowing you have the best [PFAS resource](#) in your corner. If you have any questions about PFAS testing, give us a call or [send an email](#) today.

Legionella Case Study

An executive at a New England healthcare facility called us recently, stating that a handful of patients had presented with Legionella symptoms, and that they needed us to help them find and quickly eliminate

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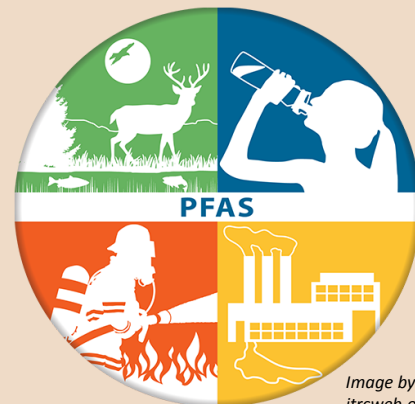


Image by
itrcweb.org



Legionella

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Legionella, continued

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eliminate the problem. Our crew headed to the site and conducted our initial investigation, which included staff and patient interviews, walkthroughs, water tank temperature recordings, biofilm inspection, environmental sample collection, and more. ARA's subsequent remediation plan was reviewed and approved by the State Health Department. Remedial actions included:

- Shock Water Towers and Hot Water Tanks
- Drain and scrub the towers / tanks
- Refill and chlorinate the towers / tanks
- Faucet hardware replacement and / or filter purge
- Water System Maintenance Plan going forward

The facility resumed normal operation within a week and no further cases have been reported.

If you would like to learn more about the causes, treatment and proper management of Legionella contamination in buildings, join us for the ASHRAE, AFE & IAQA joint training session **Thursday December 12th in Nashua, NH**, where ARA CEO Guy Sylvester will be presenting two Legionella Case Studies. The meeting will be held from 5 to 8pm at the Viega educational facility in Nashua NH. [Click here FMI](#); registrations will be accepted at the door.

Cross Roads House Campaign Is off to a Great Start!

There is still time to help with our charitable campaign! ARA is helping to support struggling families & individuals in our community this holiday season by collecting items for Cross Roads House. If you'd like to donate an item, we will have a drop box located at the ARA office in Portsmouth until Dec 30th.

Highlights from the Cross Roads House Wish List:

- Over the counter cold & flu items (OTC ONLY: pain / cold meds, tissues, cough drops, etc)
- Bedding/Linens, new or gently used
- Non-perishable food and beverage
- Gas & Grocery Gift Cards
- New men's and women's underwear
- PLEASE NOTE: No clothing (new or used)

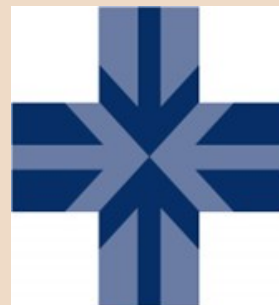
You may bring items to our ARA office in Portsmouth, or donate online if you prefer:

~ www.CrossroadsHouse.org/Donations/Wish-List/
~ Wish List on Amazon: bit.ly/CrossRoadsHouse

Every little bit helps! Happy Holidays to all, and thank you for your generous consideration!

Meeting your **Diversity** Goals? **ARA is Certified!**

SBA WOSB & EDWOSB, DOT DBE,
SDO DBE, WBENC WBE & WOSB



CROSS
ROADS
HOUSE

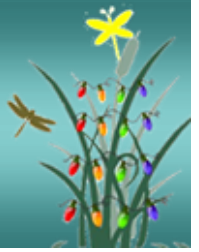


Thank
you

Since 1982, Cross Roads House has been providing emergency / transitional shelter to homeless men, women, & children in the NH Seacoast area, meeting their immediate basic needs & providing tools & guidance for a successful return to permanent housing. Crossroads House serves ~ 100 people daily, and their emergency shelter is available 24 / 7.

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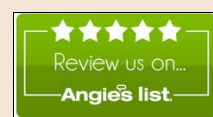
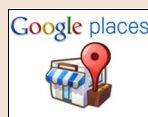
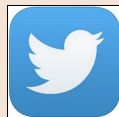


On the 12th Day
of Christmas,
ARA Worked
with Glee:

12 PFAS Samples
11 Sites to Audit
10 Bottle Orders
9 Sample Dropoffs
8 Calibrations
7 Funnels filling
6 Quick Turns Turning
5 VOCs
4 Haz Mat Surveys
3 Mold Inspections
2 Clearance Reports, and
1 Happy Officer of QC!

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Wishing you all Happy Holidays from Your Friends at ARA!



The Resource Rambler Newsletter is brought to you by your friends at Absolute Resource Associates
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